

ANGELA L. ALLEN-PECK, PSY.D.

Psychology Resident
Clinical Psychology Associates of North Central Florida
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EDUCATION

Psy.D. Clinical Psychology, Wheaton College, May 2011

APA-accredited program housed within a university in Wheaton, IL.
Dissertation Title: "The Impact of Perceived Social Support on Marital Resiliency". Defended 3/25/2011.

Master of Arts in Clinical Psychology, Wheaton College, May 2005

APA-accredited program housed within a university in Wheaton, IL.

Bachelor of Arts in Psychology, Lee University, May 2003

SACS-accredited program in Cleveland, TN.
Summa cum laude with minor in History.

ACADEMIC HONORS

Graduate Academic Scholarships, 2005, 2006, 2007 & 2008

Annual awards for "excellence in graduate academic performance" given in "recognition of efforts and in hope that this will be an incentive to continue in the program with quality and enthusiasm."

Wheaton Doctoral Scholarship, 2003-2004

Award for "excellence in undergraduate academic performance, an articulated vision for service to the community and to underserved populations, understanding of the mission of integration of psychology and spirituality, and potential for exemplary professional development."

PROFESSIONAL MEMBERSHIPS, CERTIFICATIONS & LICENSES

American Society of Clinical Hypnosis, 2009 – Current

"The American Society of Clinical Hypnosis is the largest U.S. organization for health and mental health care professionals using clinical hypnosis. Founded by Milton H. Erickson, MD in 1957, ASCH promotes greater acceptance of hypnosis as a clinical tool with broad applications."

Licensed Professional Counselor, 2007 - Current

Licensed Professional Counselor for the state of Illinois, license #178004547.

Division of Psychoanalysis of the APA, 2006 – Current

“The Division represents within the broad field of psychology, professionals who identify themselves as having a major commitment to the study, practice and development of psychoanalysis and psychoanalytic psychotherapy.”

American Psychological Association, 2004 - Current

“Based in Washington, DC, the American Psychological Association (APA) is a scientific and professional organization that represents psychology in the United States.”

Prepare/Enrich Pre-Marital Counseling Certification, Granted May 2005

Fulfilled training requirements for certification necessary to administer, interpret, and provide feedback for couples seeking pre-marital counseling.

CLINICAL TRAINING

Institute of Living: Pre-Doctoral Internship, August 2008 - August 2009

APA-accredited internship in general adult clinical psychology in Hartford, CT.

Supervisors: James DeGiovanni, Ph.D., Training Director

Leslie Lothstein, Ph.D., ABPP, Director of Psychology

Lawrence Haber, Ph.D., Family Resource Center Director

Jennifer Ferrand, Psy.D., Staff Psychologist

Radhika Mehendru, M.D., Staff Psychiatrist

Intensive Outpatient Service Rotation (4 months): Duties on this rotation included facilitating or co-facilitating group therapies in women’s issues, intimacy and sexuality, daily assessment, and interpersonal relationships. I also designed and led one coping skills group per week, utilizing techniques from Dialectical Behavioral Therapy, Cognitive Behavioral Therapy, Time-Limited Dynamic Therapy, Anger Management, Relaxation Training and Assertiveness Skills Training. In addition to leading groups, I functioned as a case manager for several patients on a multi-disciplinary team. As a case manager, I facilitated family sessions, treatment planning, discharge planning, and acted as a liaison between the program and the managed care system. I also conducted approximately 2 psychological assessments per month during this rotation.

Acute Inpatient Psychiatric Rotation (4 months): As a treatment manager on one of IOL’s acute inpatient psychiatric units, I carried a case load of approximately 2-4 patients at a time. With each patient, I assessed risk, provided diagnoses, provided case conceptualization to the patient’s treatment team, planned care and discharge arrangements, referred patients for psychological assessment, conducted family sessions, and provided individually-focused and time-limited therapeutic interventions. Other responsibilities included leading a daily psychotherapy process group and leading a weekly “town hall” meeting on the unit.

Assessment Rotation (4 months): Utilizing a battery that always included a minimum of

the following: cognitive measures, the MMSE, objective personality measures (PAI, MCMI-III, or MMPI-2), and projective measures (Incomplete Sentences, Rorschach Inkblot Test, Thematic Apperception Test, and Figure Drawings), I conducted approximately 2-4 assessments per month for suicidal and homicidal risk assessment, presence of thought disorder, diagnostic clarification, and treatment recommendations. For each testing case, I wrote an integrative report, provided feedback within 24 hours, and consulted with patient treatment teams.

Elective Work: In addition to the three rotations, I spent elective hours doing individual and group psychotherapy with patients in the Potentials Clinic, a program for young adults experiencing first psychotic breaks. Other elective experiences included: developing and co-leading a cognitive-behavioral skills group on the inpatient unit and co-leading an adolescent inpatient psychotherapy group. I also attended approximately 6 hours of weekly didactics covering individual psychotherapy, group psychotherapy, family/marital therapy, ethics and diversity issues, psychological assessment, hypnotherapy, and time-limited dynamic therapy. Other weekly training requirements included approximately 4 hours supervision, focal therapy presentations, psychiatry grand rounds, and psychology department meetings.

Advanced Doctoral Practicum, Centennial Counseling Center, July 2006 – June 2007

Community counseling center serving Yorkville, Sandwich, and St. Charles, IL.

Supervisors: Timothy R. Buhrt, Psy.D., Training Director

David Norton, Ph.D., Executive Director

- Provided individual, family, and marital therapy to clients aged 8-60 years.
- Conducted psychological assessments to diagnose learning disabilities, clarify diagnoses, and provide treatment recommendations. Feedback and integrated reports were provided for each client.
- Observed live therapy sessions through a two-way mirror, followed by discussions about conceptualization, treatment goals, and the therapeutic process.
- Worked within a nursing home to provide clinical services to a transitional living client.
- Provide individual and group therapy services to elementary, middle, and high school students within a school setting.

Doctoral Practicum, Centennial Counseling Center, August 2005 – June 2006

Community counseling center serving Yorkville, Sandwich, and St. Charles, IL.

Supervisors: Timothy R. Buhrt, Psy.D., Training Director

David Norton, Ph.D., Executive Director

- Provided individual, group, family, and marital therapy to clients aged 5-55 years.
- Conducted psychological assessments to diagnose learning disabilities, clarify diagnoses, and provide treatment recommendations. Feedback and integrated reports were provided for each client.
- Gathered experience in case management for clients with severe mental illness, including navigating the application process for social security benefits.
- Designed and led three group therapies at local schools, consulting on a regular basis

with school social workers, faculty, and parents. Groups included:

- *Grief Group* – for children aged 6-10 years old with a deceased caregiver. Using creative and expressive methods, children explored emotions, memories, and fears surrounding death.
- *Girl's Self-Image Group* – for early adolescent girls to examine how culture had impacted their views of gender. The girls gained awareness of messages in popular advertising and were able to facilitate this awareness into the here-and-now of their own group process.
- *High School Transitions Group* – for high school teens struggling with various family, developmental, and social difficulties.

Family Counseling Services of Aurora, Practicum, August 2004 - May 2005

Non-profit, community-based mental health agency in Aurora, IL.

Supervisor: Raymond Gornell, Psy.D., ABPP

- Conducted psychological evaluations for adolescents, adults, and older adults both on-site and at client residences (homebound clients only).
- Gained experience working with a forensic, court-ordered population receiving treatment for domestic violence/abuse.
- Observed and received training in group therapy for male clients convicted of domestic violence charges.

ACADEMIC & RELATED EXPERIENCES

Adjunct Faculty Member of Judson University, Fall 2007 – Fall 2008

I taught in Judson's (Elgin, IL) adult undergraduate human services department, designed as an intensive program for adults trying to complete degrees while engaged in full-time employment.

Graduate Teaching Assistant: Clinical Training, Fall 2007 – Spring 2008

Supervisor: T. Mark Howard, Ph.D., Clinical Training Coordinator.

Duties included rewriting the Clerkship Class syllabus to reflect changes made in course material, assisting the clinical training secretary in gathering and organizing student internship data, and co-facilitating the Clerkship class, a class focused on the internship application and student's transitions from graduate students to professionals.

Graduate Teaching Assistant: Psychological Assessment, Spring 2004 – Spring 2008

Supervisor: Robert J. Gregory, Ph.D., Department Chair

- Research assistant for textbook revisions for Psychological Testing: History, Principles, and Applications, 5th edition.
- *Test Observations*: Organized, observed, and provided feedback regarding each first year student's live administration of standardized test instruments. Observations included over 50 live WAIS-III administrations, 25 live WISC-IV administrations, 25 taped WISC-IV administrations, and 50 taped Rorschach administrations.
- *Teaching Opportunities: Projective Personality Testing*. Class instruction in the Thematic Apperception Test. Students were introduced to a variety of scoring systems, as well as the usefulness and limitations of projective testing techniques,

Spring 2004.

- *Teaching Opportunities: Objective Personality Testing.* Class instruction in the administration, history, scoring, and interpretation of the Minnesota Multiphasic Personality Inventory, 2nd Edition, Spring 2005.

Graduate Psychology Student Association, Fall 2005 – Summer 2008

The purpose of the Graduate Psychology Student Association (GPSA) is to represent the student body by acting as a voice for fellow students and as a liaison between students and faculty or staff.

Clinical Training Committee. The Clinical Training Committee works closely with the Director of Clinical Training to ensure that policies, guidelines, and opportunities for student training activities are satisfactory. Each year the committee aims to ensure students are excelling in all areas of their professional development.

Admissions and Academic Requirements Committee. This committee oversaw recruitment of underrepresented groups in the student body, evaluation of Psy.D. applications for admission, and decisions about program admissions. This committee also served to facilitate other aspects of the admissions process including organizing interviews with potential Psy.D. program applicants.

Admissions, Selection, & Interview Student Representative. Chosen by the program to conduct admissions interviews in both group and individual formats.

Pre-Doctoral Internship Preparation Workshop, June 2010

Co-developed and co-presented a 2 day workshop covering the pre-doctoral internship application process at Wheaton College. Of the 17 students who attended and applied for internship, 100% were matched to an APA-accredited internship.

RESEARCH EXPERIENCE

Doctoral Dissertation

Dissertation Title: “The Impact of Perceived Social Support on Marital Resiliency”.
Defended 3/25/2011. Original data collection analyzed using qualitative methods.

Marital Resiliency Research Group, Spring 2006 – 2010.

This ongoing research group aims to study resilient marriages, with a sub-focus on marital disillusionment. The group aims to broaden marital research not only by studying the construct of disillusionment but also by focusing on less studied minority populations. The group currently consists of approximately 15 graduate students and faculty. The research group has received internal research funding.

Wheaton College Graduate Psychology Department Research, 2004-2007

Accreditation Research. Conducted ongoing research examining accreditation data on all psychology programs affiliated with the APA, examining differences between degree types and program affiliations.

Program Development Research. Used alumni surveys to systematically compile and analyze data regarding alumni satisfaction and feedback. Findings were used to enhance and strengthen the doctoral program, implementing changes in required

courses and the development of new clinical tracks.

Program Evaluation for ASAP Liquor Licensing Company, Spring 2005

This consisted of the evaluation of a private-sector company planning an expansion. We worked with the employees and clients to assess satisfaction levels and how other company goals are being pursued before providing feedback.

EMPLOYMENT

Centennial Counseling Center *September 2009 – May 2010*

As a clinical associate staff member at Centennial Counseling Center in Sandwich, IL, I worked with individuals, families, couples and groups. Clinical services included psychotherapy and psychological assessment. I participated in weekly individual and group supervision, as well as receiving training in computerized case management, clinical marketing, and networking within the community.

Provena Mercy Medical Center: Behavioral Health Unit *Fall 2007 – Summer 2008*

As a case manager on the geriatric and chronic care units, I provided clinical inpatient services that included evaluations, individual therapy, group therapy, family therapy, crisis interventions, and suicide watches. Other duties included helping to coordinate clinical services of mental health counselors on the unit and department planning.

Vice-President of the Advisement Board of Global Adoptions *Fall 2007 – Fall 2008*

As a member of the advisement board, my primary responsibility was to help guide and assist Global Adoptions in their policy and practices by providing a clinical perspective based on the most current research in the field.

REFERENCES

J. Derek McNeil, Ph.D., *Associate Professor and Diversity Coordinator*

Wheaton College
Wheaton, IL
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Timothy R. Buhrt, Psy.D., *Clinical Director and Director of Training*

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Sandwich, IL
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Tkbuhr90@yahoo.com

Jim DeGiovanni, Ph.D., *Training Director and Assistant Director of Psychology*

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